What Are You Doing?[[1]](#footnote-0)

Tags: speaking, listening, movement, improv, warm-up

Type: Partners, small groups

Time: 5-10 minutes

## **Why are we doing this?**

We are thinking quickly and working off each other's ideas. This exercise makes you aware of your body and makes you listen to your partner/s.

## **What materials/set-up do I need to prepare?**

You do not need any materials but enough space for people to work together in pairs or small groups and move their body.

## **How do we do this?**

The first student decides on a movement (f. Ex. dancing) and starts doing that.

Student #2 asks Student #1 What are they doing?

Student #1 who is dancing says that he is doing a totally different movement (f.ex. I am brushing my teeth”)

Student #2 must then start pretending to brush their teeth.

Student #1 then asks Student #2 what they are doing?

Student #2 answers with a different movement/activity. (f. Ex. I am reading a book”)

Student #1 must then pretend to read a book.

## **Alternative methods:**

If there are three or four students in one group, have them work off each other in a decided order first. Then add chaos into the mix by having different students come in at random intervals.

1. **Source:** Jónsdóttir, J. G., & Þorkelsdóttir, R. B. (2020). *Leikjabókin - Leikir í listinni*. leikumaflist.com. [↑](#footnote-ref-0)